



SAY IT OUT LOUD!

2021 ART CONTEST OFFICIAL ENTRY FORM

Creating art helps us express emotions, process thoughts and experiences, foster self-discovery, and find relief from suffering. By facilitating conversations about mental health through art, or to Say It Out Loud!, we support a dialogue around mental health, promote support and engagement, and break the silence.

CONTEST GUIDELINES

1. The contest theme, Say It Out Loud! must appear somewhere on the work.
2. Competition participants must be age 6 or older and live in the tri-state area of southwest Wisconsin.
3. Accepted art media includes pencil, oil, pastel, computer-generated printed on paper, canvas or other surface, original photography, sculpture, video, short essay or poetry.
4. Entry form and artwork deadline is May 31, 2021 at 4:30 pm, postmarked or delivered to Southwest Behavioral Services, 1450 Eastside Rd., Platteville, WI.
5. Entry forms can be picked up at the SBS office in Platteville at the above address or are available online to print at www.southwesthealth.org/say-it-out-loud-art-contest/.

CONTEST PRIZES

1ST Place - \$100 * 2ND Place - \$50 * 3RD Place - \$25

All participants will receive a Say it Out Loud! bracelet. Winner will be determined by expert panel and will be notified by phone or email no later than June 18, 2021.

COMPLETE THIS FORM AND SUBMIT WITH YOUR ENTRY:

First and Last Names: _____

Street Address: _____

City, State, Zip: _____

School (if applicable): _____

Phone: _____ Email: _____

