







Southwest Health  
Virtual Berry Fest 2020

# PASSPORT TO FUN

[southwesthealth.org/passport2020](http://southwesthealth.org/passport2020)

1. Complete **5 or more** activities by **July 31, 2020**.
2. Complete the form online to be entered to win a new bike.
3. Enjoy your summer!

 Take a walk or ride your bike.	Playtime! Any way you choose!	 Talk about what gratitude means and what you are grateful for	Create a chalk drawing	 Try a new fruit or vegetable
Play with bubbles	 Sing and dance to your favorite song	Take a Swing. T-Ball or Baseball	 Create a toy-made obstacle course	Learn your fire safety escape plan in case of a fire in your home
 Read a book	Play in the water (Pool or sprinkler)	Take a picture of you doing one of these activities and have an adult post it on facebook with hashtag <b>#berryfestfriends</b>	Make up a story about summertime and friendship.	 Follow along with a cosmic yoga video on Youtube

Visit [southwesthealth.org/passport](http://southwesthealth.org/passport) to complete the below activities.

Print the firetruck coloring page from our webpage and color it.	 <b>Play Mascot Race Online</b> Guess the winner!	<b>Southwest Health EMS</b> Watch a guided tour of our ambulance.
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